



## Appalachian Mountain Guides Recommended Gear List for Single Pitch Instructors

### Personal Gear

- UIAA/CE approved climbing helmet
- UIAA/CE approved climbing harness
- Climbing shoes
- Approach shoes
- Professional clothing/attire

### Rock Protection

- At least one single rack of SLCDs (cams w/carabiners)
- Set of stoppers
- OPTIONAL set of hexes/tricams
- Nut tool

### Draws/Runners

- 1 24" nylon runner
- 1 48" nylon runner
- 1 Prusik loop or hollow bloc
- Set of 8-12 alpine draws (24" dynema w/carabiners) **\*Not required for course\***
- OPTIONAL set of 8-12 quickdraws **\*Not required for course\***
- OPTIONAL personal anchoring system (various brands/styles)

### Carabiners

- 3 HMS (pear) locking carabiners
- 4 locking carabiners (pear or 'D')

### Belay Devices

- Petzl GriGri w/locking carabiner
- Plaquelette device w/locking HMS carabiner (Reverso, ATC Guide, etc.)
- Client belay device w/locking HMS carabiner (various types; personal preference) **\*Not required for course\***

### Anchoring Materials

- 30m static/semi-static setup rope (9-10mm)
- 2 21' 7mm cordelettes (6mm Power Cord also acceptable)
- OPTIONAL 1 18' 6mm cordelette

### Climbing Rope

- 60-70m dynamic climbing rope (recommended 9.4-9.8)

### First Aid Kit

**Disclaimer:** This is a recommended list from the guides and instructors at Appalachian Mountain Guides. Terrain varies and so should your equipment. Learn the environment for where you plan to work. The official AMGA SPI gear list is found on Page 5 of the SPI Program Handbook.